

Variable	Mean	SD	Min	Max
Age	34.5	10.5	18	65
Gender	0.5	0.5	0	1
Marital status	0.5	0.5	0	1
Education	12.5	1.5	9	16
Income	1.5	0.5	1	2
Occupation	1.5	0.5	1	2
Health status	1.5	0.5	1	2
Life satisfaction	1.5	0.5	1	2
Depression	1.5	0.5	1	2
Stress	1.5	0.5	1	2
Resilience	1.5	0.5	1	2
Optimism	1.5	0.5	1	2
Gratitude	1.5	0.5	1	2
Forgiveness	1.5	0.5	1	2
Compassion	1.5	0.5	1	2
Kindness	1.5	0.5	1	2
Generosity	1.5	0.5	1	2
Patience	1.5	0.5	1	2
Humility	1.5	0.5	1	2
Modesty	1.5	0.5	1	2
Shyness	1.5	0.5	1	2
Introversion	1.5	0.5	1	2
Extroversion	1.5	0.5	1	2
Sensitivity	1.5	0.5	1	2
Empathy	1.5	0.5	1	2
Altruism	1.5	0.5	1	2
Cooperativeness	1.5	0.5	1	2
Teamwork	1.5	0.5	1	2
Leadership	1.5	0.5	1	2
Communication	1.5	0.5	1	2
Interpersonal skills	1.5	0.5	1	2
Problem-solving	1.5	0.5	1	2
Decision-making	1.5	0.5	1	2
Time management	1.5	0.5	1	2
Organization	1.5	0.5	1	2
Productivity	1.5	0.5	1	2
Efficiency	1.5	0.5	1	2
Quality of work	1.5	0.5	1	2
Job satisfaction	1.5	0.5	1	2
Work-life balance	1.5	0.5	1	2
Stress management	1.5	0.5	1	2
Emotional regulation	1.5	0.5	1	2
Self-awareness	1.5	0.5	1	2
Self-esteem	1.5	0.5	1	2
Self-efficacy	1.5	0.5	1	2
Resilience	1.5	0.5	1	2
Optimism	1.5	0.5	1	2
Gratitude	1.5	0.5	1	2
Forgiveness	1.5	0.5	1	2
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